188UE 103 March 2024 MONTHLY
NEWSLETTER OF
MOUNTAIN BROOK
BAPTIST CHURCH
55+ MINISTRY

# ACTIVE Christian Living



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### **Upcoming Worship Opportunites in Lent**



Palm Sunday, March 24th 9:00 and 11:00 a.m.



Join us as we open Holy Week with by reenacting Jesus' triumphal entry into Jerusalem. Children will wave palms and place them before our processional Christ Candle as the congregation sings its "Hosannas" to the Lord. The Handbell Quartet will ring in the 9:00 service.



Maundy Thursday Service, March 28th 6:30 p.m.

Each year we come together to remember the night that Jesus instituted the Lord's Supper. We also tell the passion story of the crucifixion. This year the Sanctuary Choir will present in worship the entire passion story from the gospel of John. This setting is sung totally a cappella and will be a meaningful way to hear the scripture as it is entirely sung. The choir will end the service with its tradition of chanting Psalm 22 with the haunting refrain, "They divide my garments among them. They cast lots for my clothing." The sanctuary lights will dim to darkness while this is sung symbolizing the death of Jesus. The people will exit in silence.



Holy Week Services
with Gary Fenton
Mon-Wed and
Good Friday
12 Noon

Monday through Wednesday and Good Friday we will have services at Noon in the Sanctuary. Our guest speaker for Monday-Wednesday will be Dr. Gary Fenton. Services will consist of an opening response, one hymn, one solo music item, and the message from Dr. Fenton. On Good Friday, Dr. Splawn will deliver the message. Services should conclude by 12:30 PM and lunch will be served in Heritage Hall each day for \$10.00 per person.

Easter Sunday, March 31st 9:00 and 11:00 a.m.



The 9:00 service will joyfully proclaim the resurrection of our Lord through the music of the Sanctuary Choir, brass quartet, timpani and full organ. The Christ candle will reenter the sanctuary leading the procession of the choir and ministers to the thrilling hymn "Christ the Lord is Risen Today!" Our worship celebration will conclude with the rousing (and rarely heard) setting of "Hallelujah!" composed by Ludwig von Beethoven from his oratorio, "The Mount of Olives." Don't miss this joyous celebration of our Lord's resurrection.

## **Upcoming ACL Monthly Luncheon**

## **Spring Gardening and Beautification**

Colin Connor, Manager of Horticulture and Forestry & Kim Marlin, Senior Horticulture Specialist March 14th, 11:30am Heritage Hall Lunch \$8





Join us for an exciting presentation on Spring gardening and how you may revitalize your own garden with our featured guests, Colin Connor, Manager of Horticulture and Forestry and Kim Marlin, Senior Horticulture Specialist. They are both based out of Hoover at the Aldridge Gardens! Mr. Connor is an arborist who specializes in tree work, and Ms. Marlin is a horticulture, specifically small plant, specialist. We are excited to see what they have for us to learn about their fields.

In an article from the Mayo Clinic it is stated that, "Gardening has been shown to lighten mood and lower levels of stress and anxiety. It's very gratifying to plant, tend, observe the growth of your garden. Routines provide structure to our day and are linked to improved mental health. Gardening routines, like watering and weeding, can create a soothing rhythm to ease stress." Why does gardening seem to be so beneficial to health? It combines physical activity with social interaction and exposure to nature and sunlight. Sunlight lowers blood pressure as well as increasing vitamin D levels in the summer. Working in the garden restores dexterity and strength, and the aerobic exercise that is involved can easily use the same number of calories as might be expended in a gym. If this sounds like something you are interested in doing for yourself, join us!

Please make your reservation online through Realm or by calling the church office by Tuesday, March 12th



## **Organ Recital**

Christopher Henley, Organist of Mountain Brook Baptist Church April 11th, 12:00pm, Sanctuary Cost: \$8 for Lunch in Heritage Hall

A native of Talladega, Alabama, organist Christopher Henley serves as the Organist of Mountain Brook Baptist Church in Mountain Brook, Alabama. Previously, he served as the Director of Music and Worship Arts of Anniston First United Methodist Church. Christopher holds the Bachelor of Music in Organ Performance degree from The University of Alabama where he studied under Dr. Faythe Freese. During his time in college, he was a member of University Singers, Alabama's premiere choral ensemble, University Chorus, and the Early Chamber Music Ensemble, where he studied harpsichord with Dr. Don Fader and Mrs. Gesa Kordes. He has studied piano with Mrs. Pamela Thomson, Dr. Tanya Gille, and Dr. Edisher Savitski.

During graduate studies at Mercer University, he studied organ with Dr. Jack Mitchener. He is a recipient of the United Methodist Children's Home Knabe Scholarship and the 2013 University of Alabama Organ Scholarship Competition, where he received first prize. He is a member of the class of 2017 "20 Under 30" of The Diapason, an international journal of organ music, for his contributions to the advancement of the organ and choral fields.

With performances described as "special, filled with musicality which combines elegance, clarity, and captivating power, (Al.com)", Christopher has performed across the United States. He has collaborated with instrumental and choral ensembles across the state of Alabama. As a conductor, he leads the Veritas Concert Choir, an ensemble of middle and high school homeschoolers, in Anniston.

Please make your reservation online through Realm or by calling the church office by Tuesday, April 9th

## **Upcoming ACL Trips**





## **Aldridge Garden Tour**

Aldridge Garden, Hoover, AL Tuesday March 19, 2024 10:00 am Meet at 9:30am

Cost: Free Admission to the Garden, \$5 tip for our tour guide, Lunch on your own Only 14 Spots Available! Register Early

Eddie Aldridge caught his first glimpse of the Coxe Family Estate in 1966 when he was hired to plant two magnolias on the property nestled near the corner of Lorna Road and Rocky Ridge Ranch Road. Eddie and his father, both noted horticulturalists, knew beauty when they saw it. In fact, both agreed that this unique piece of property, which was located in the heart of Hoover, would one day be a perfect place for a public garden. Eleven years passed, and the Coxe Family made the decision to sell the estate. Upon hearing that news, Eddie wasted no time in making an offer on the property that he and his father had long admired. In 1977, Eddie purchased the estate, and with that step began the first of many toward developing the property as a public garden. By 1994, Eddie knew the timing was right and began exploring options for transforming the property into the public garden he had dreamed of for so many years. In collaboration with the City of Hoover and the City Council, in 1997 the City purchased the land. A resolution was also passed to ensure the property would remain public space in perpetuity. A Master Plan was commissioned and in 2002, Aldridge Gardens opened to the public, twenty five years after Eddie had acquired the property.

Join us as we explore Mr. Aldridge's vision on a guided tour of the gardens on March 19th! We will eat lunch at Habanero's Mexican Restaurant after our tour!

Please make your reservation online through Realm or by calling the church office by Friday, March 15th

## **Magic of Marble Festival**

Sylacauga, Alabama Tuesday April 9, 2024 Meet:

Cost: Free Admission to the Festival, Lunch

at Mama Ree's, \$1 for Ice Cream
Only 14 Spots Available! Register Early



Join us for a wonderful trip to Sylacausa, Alabama as we tour the 16th annual Magic of Marble festival. Our day willl begin with a short film about Sylacauga marble and a tour of the Comer Library where we will get to see and learn about various marble sculptures. We will eat lunch at a local restaurant called Mama Ree's. They have been serving Slyacauga for 40 years with food just like Grandma used to make. Afterward we will go visit the Sylacauga Museum of Art and then head to the Blue Bell ice cream factory where you will enjoy a \$1 ice cream bowl of your choosing. The Blue Bell factory has a viewing window where we will look down on the production line as they do not offer tours of the factory line. There is also a short video explaining the process.

We will wrap up the day by observing various marble sculptions in the local park. We are currently working to secure a tour of the local marble quarry.

Blue Bell

Please make your reservation online through Realm or by calling the church office by Friday, April 5th



## Make Your Reservations

#### **ACTIVITY SCALE**

Level	Definition
•	Easy: minimal walking
	Moderate: walk up to a mile
0	Active: walk as much as two miles
•	Challenging: spend most of the day on the go

#### Calendar At A Glance



• Active Christian Living Luncheon - Thursday March 14th | 11:30 a.m. | Heritage Hall | Collin Connor, Master Gardner | Cost: Lunch \$8



• Active Christian Living Day Trip – Tuesday March 19th | 10:00 a.m. | Aldridge Gardens, Hoover, AL | Aldridge Gardens Tour | Cost: \$25



• Palm Sunday – Sunday March 24th | 9:00 a.m. & 11:00 a.m. | Mountain Brook Baptist Church

• Holy Week Services | 12:00 p.m. | Guest Speaker Dr. Gary Fenton | Cost: \$10 for lunch



• Easter Sunday – Sunday March 31st | 9:00 a.m. & 11:00 a.m. | Mountain Brook Baptist Church |



• Active Christian Living Day Trip – Tuesday April 9th | 10:00 a.m. | Sylacauga Marble Magic Festival | Cost: Free Admission to Festival, Lunch on your own at Mama Ree's, \$1 per scoop at Blue Bell



• Active Christian Living Luncheon – Thursday April 11th | 11:30 a.m. | Christopher Henley, Organ Recital | Cost: \$8 for lunch

#### ACTIVE Christian Living Issue 103 March 2024



MOUNTAIN BROOK BAPTIST CHURCH - JAMES D. MOEBES -

#### FOUNDATION

Moebes Foundation is delighted to provide financial support for the ministries, events, and activities of Active Christian Living.

If you'd like to learn more about the foundation and how you can give to it, please contact David Jackson, Cathy Benton, Sue Watkins, Bob Formby Debbie Hix or Baker Crow.

## **ACTIVE Christian Living Service Teams**

#### Monthly Luncheon Team:

Peggy Holmes, Joy Cooper, Carol Perez, Kay Formby, Clyde McCain, Bob Formby, Louise Gore, Jane Green

#### Mail Team:

The Mountain Brook Baptist Church/James D. Jane Green, Tallulah Hargrove, Gail Moebes, Roye Tinsley, Larry Moon, Linda Moon, Lowell Broom, Cathy Benton, Lawson Hubert

<u>Day Trips Team:</u> Sale Calhoun, John Calhoun, Carol Perez, Charles Stover, Louise Gore

#### Missions Team:

#### At-Home Visitation Team:

Cathy Benton, Cecil Avery, Jane Green, Anna Lu Hemphill, Retta Dean, Greg Robinson, Brenda Atkins

#### Decorator's Team:

Nancy Lewis, Ina Faye Anderson, Claudette Bearden, Emma Laura Patrick, Carol Perez, Chris Clark, Ann McGuire

#### **ACL Advisory Council:**

Sale Calhoun, John Calhoun, Carol Perez, Louise Gore, Clyde McCain, Shirley McCain, Redonda Broom, Lowell Broom, Claudette Bearden, Larry Bearden, Jane Green, Mike McGuire, Ann McGuire