



Make Your Reservations TODAY!

ACTIVITY SCALE

Level	Definition
	Easy: minimal walking
	Moderate: walk up to a mile
	Active: walk as much as two miles
	Challenging: spend most of the day on the go

Calendar At A Glance

- Heroes & Villains, The Art of the Disney Costume** – Tuesday, July 16th | Meet: 10:30 a.m., Depart: 10:45a.m. | Cost: \$25 plus lunch money at Birmingham Museum of Art cafe.
- Faith Church Service Day** – Friday August 16th | Meet: 7:45 a.m., Depart: 8:00 a.m. | Cost: Lunch at Bob Sykes' Barbeque
- Mellow Brook Singers** starts back.- Thursday, September 12, 10:30 a.m.
- Discover Greece: In the Footsteps of Paul, the Apostle**- **BOOKING NOW!** Read article inside the newsletter. **Only 11 spots left!**

Any third Friday or Saturday volunteers are welcomed at Faith Church!
If you have questions, contact Baker Crow.

ISSUE
107
July
2024

MONTHLY
NEWSLETTER OF
MOUNTAIN BROOK
BAPTIST CHURCH
55+ MINISTRY

ACTIVE Christian Living



(Ministry for Adults 55+) in this issue

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Visitation Training: Meet Our Trainer Sunday, August 4th, Noon, Heritage Hall

“I feel very honored to be able to sit with people. The way people entrust me with their stories, with the celebrations and with their sadness, with their questioning — their questioning God or their confusion — just being invited into that space with people and being able to hold that with them ... it’s very memorable every time.”

Suzanne Simmons

Staff Chaplain and Chaplain Educator at UAB Hospital and an advisory board member for the Center for Women in Ministry.



Do you hesitate to visit members, friends or family who are going through difficult times in their lives? Do you need help in knowing what to say and not to say to them?

Our church has a visitation ministry to those who are not able to attend church for short term or long term issues in their life.

Come and hear Suzanne Simmons who is a professional chaplain and the wife of the Jacob Simmons, pastor at Hope Community Church. She will help all us to appreciate how important visitation is to our members at home. They miss the worship experience and being with friends. They love hearing what is happening in our church. Those visiting will tell you that they see in a tangible way what it means to them.

Reserve your place and lunch for August 4th at noon in Heritage Hall. Suzanne is well equipped to help us feel comfortable with visiting. Suzanne Simmons is a certified chaplain for UAB Hospital in Birmingham, a graduate of Beeson Divinity School and an advisory board member for the Center for Women in Ministry.

By August 1st make your reservation on MBBC.org or call church 205.871.0331.



MOUNTAIN BROOK BAPTIST CHURCH
— JAMES D. MOEBES —

FOUNDATION

The Mountain Brook Baptist Church / James D. Moebes Foundation is delighted to provide financial support for the ministries, events, and activities of Active Christian Living.

If you'd like to learn more about the foundation and how you can give to it, please contact Debbie Hix or Baker Crow.

ACTIVE Christian Living Service Teams

Monthly Luncheon Team:

Peggy Holmes, Joy Cooper, Carol Perez, Kay Formby, Clyde McCain, Bob Formby, Louise Gore, Jane Green

Mail Team:

Jane Green, Tallulah Hargrove, Gail Moebes, Roye Tinsley, Larry Moon, Linda Moon, Lowell Broom, Cathy Benton, Lawson Hubert

Day Trips Team:

Sale Calhoun, John Calhoun, Carol Perez, Charles Stover, Louise Gore

Missions Team:

David Jackson, Cathy Benton, Sue Watkins, Bob Formby

At-Home Visitation Team:

Cathy Benton, Cecil Avery, Jane Green, Anna Lu Hemphill, Retta Dean, Greg Robinson, Brenda Atkins

Decorator's Team:

Nancy Lewis, Ina Faye Anderson, Claudette Bearden, Emma Laura Patrick, Carol Perez, Chris Clark, Ann McGuire

ACL Advisory Council:

Sale Calhoun, John Calhoun, Carol Perez, Louise Gore, Clyde McCain, Shirley McCain, Redonda Broom, Lowell Broom, Claudette Bearden, Larry Bearden, Jane Green, Mike McGuire, Ann McGuire

Upcoming ACL Happenings

Heroes & Villians

The Art of the Disney Costume

Birmingham Museum of Art (BMA)

Tuesday, July 16, 2024

Meet: 10:30 a.m. Depart at 10:45 a.m.

Cost: \$25 per Ticket plus lunch money

(Return by 2:30 pm)



Spend a "cool" morning touring this Disney exhibit and enjoy lunch at BMA's cafe Juniper at the Museum. The cafe offers visitors an elevated dining experience. Relax and fellowship with friends.

The *Heroes & Villians: The Art of the Disney Costume* exhibition is making its Southeast debut! We'll be showcasing original costumes from Disney's live-action films — Mary Poppins, Cinderella, Maleficent, Jack Sparrow, and more. In addition to displaying these iconic looks, we are diving into the inspiration and creative process behind these costumes, from the first sketches to the final stitches.

Please make your reservation online through Realm or call the church office by Thursday, July 11th. The cost is \$25 per person plus lunch money.

Upcoming ACL Volunteer Opportunity

Faith Church

Leaf Food Pantry Volunteering

Friday, August 16, 2024

Meet: 7:45 a.m. Depart at 8:00 a.m.

Cost: Lunch at Bob Sykes Barbeque



On Friday, August 16th, we will take the minibus over to Faith Church to help them set up for their food pantry give away on the next day.

Faith Church in Midfield has been blessed with receiving official certification from the Community Food Bank of Central Alabama. Every third Saturday, Faith Church opens Leaf Food Pantry and gives away free food, fresh produce, and household essentials to those in need.

Several classes in our church are involved in providing household supplies and birthday cake kits. Some members go on their distribution Saturday to help Faith members meet the needs of their community. There is a way in which you can help them. Check their website for schedule and needs: www.theleafpantry.org

Please reserve your minibus seat online through Realm or call the church office by Wednesday, August 14th.

Discover Greece: In the Footsteps of Paul, the Apostle

featuring a 3-night Greek Islands & Turkey cruise

Departing March 11-21, 2025

Only 11 Spots Left!

Save the date for this magnificent faithcentered, 11- day pilgrimage tour. Collette Tours will be our tour company and we will enjoy their exquisite attention to detail and good service. Read below for some of the highlights that will be featured on this 11-day tour.

Follow the path of Paul the Apostle as you discover bucolic beauty and ancient history on this Grecian sojourn. Enjoy a 3-night cruise of the magical Greek islands of Mykonos, Patmos and Santorini. Visit the ancient Greek city of Ephesus, Turkey. Explore the Acropolis in Athens. Discover the biblical town of Corinth and see the Agora and the Bema, where Paul was brought before the tribunal. Stop in Philippi, where Paul delivered his first sermon in Europe and baptized Lydia, the first Christian. On your journey, feel the spirit of the New Testament as you visit the places where the great apostle lived and preached.

Highlights

Athens - Taverna Dinner Show - Corinth - The Acropolis Mars Hill - 3 Night Cruise - Mykonos - Ephesus - Patmos -Santorini - Thessaloniki - Kavala - Philippi - Meteora

11 Days - 19 Meals: 9 Breakfasts, 3 Lunches, 7 Dinners



Ephesus



This is the map of the tour.

Book Now!

Double: \$4,250; Single: \$4,950; Triple: \$4,200

Included in Price: Port Charges, Round Trip Air from Birmingham-Shuttlesworth International Airport, Air Taxes and Fees/ Surcharges, Hotel Transfers

Not Included: Cancellation Waiver and Insurance of \$699 per person



Mykonos

TRAVEL WITH MBBC FRIENDS!



Call Kely Hatley to make your reservation today!

205.803.3458