

## What Others Are Saying

I enjoy participating in Mt. Brook Baptist Church's Service Day because it is my way to share in the fun and surprise a recipient with Christmas stockings and backpacks. I also enjoy the fellowship of being with other members of the Church. This is one way for me to show how much MBBC means to me.

- Tallulah Hargrov



(Ministry for Adults 55+)  
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## Annual Church-wide Service Day October 16!

The time has come for us to serve our community again through our church service day. This day is always a rewarding one where we get to use our hands to help others.

As in the past, there will be several different outdoor projects which will require able-bodied people of all ages to complete. These projects will include yard/landscape work, some light construction, and possibly some painting.

For many of our ACTIVE Christian Living members, those projects are too strenuous for us to handle. Instead, we will offer two separate assembly projects. The first is for the Birmingham Metro Baptist Association's (BMBA) "Season of Our Savior Promotion." BMBA churches work with dozens of area service agencies to provide stockings full of gifts for needy children in our community. We will pack 75-100 Christmas stockings for this program. In addition to the stockings, we will also pack 150 Christmas backpacks to give for distribution to students in need during the holiday season.

These projects will take place in the gym of the CLC. Because we are indoors, face masks will be required for participation. We will meet at the church at 8:00 AM. We will have a small breakfast consisting of a Chick-fil-a biscuit and beverage. Please sign up for service day with Amy Hirsch to attend. Amy@mbbc.org.



# ACL Monthly Luncheons

**Thursday, October 14**

**Dave Wood, II – “Hero Flights”**

**11:30 a.m.**

**Cost \$7**

**Heritage Hall**

**Reservations are open now!**



Dave Wood is the third generation of the Wood family to run and operate Wood Frutticher, Alabama’s largest independent broadline food-service distributor. Today, Wood Frutticher distributes fresh and frozen vegetables, meats, condiments, and other foodstuffs to the healthcare industry, restaurants, schools, convenience stores, and chains. Dave is also involved with Veterans Airlift Command, an organization to airlift wounded veterans to quality care. Dave will be here to tell us of some of those brave stories. Dave Wood and his family live in Mountain Brook and attend Canterbury Methodist Church. Perhaps you know him? Come hear him and enjoy the fellowship. **Please make reservations by Tuesday, October 12** by the close of business. We look forward to seeing you.



**Thursday, November 11**

**Shellie Powe – “Safe Holiday Travel  
in a Covid-19 World”**

**11:30 a.m.**

**Cost \$7**

**Heritage Hall**

**Reservations will open October 25!**

The Thanksgiving and Christmas holiday travel season is upon us! Our ACL Luncheon Topic team thought it would be helpful for us all to hear from a professional travel agent regarding recommendations and advice for safe travel practices in our current pandemic status. Shellie is a travel advisor for the local company CV Humanitarian Travel. CV Humanitarian is a local travel company that helps people put their faith into action. One of the many goals at CV Humanitarian Travel is mobilization — “we get people from the pews to the field. We work to remove the uncertainty and anxiety from international travel.” CV Humanitarian specializes in travel for faith-based workers and it ensures the safest possible travel experience.

Shellie was born in Bessemer, AL and is a graduate of the University of Alabama in marketing. She has been a travel advisor for CVHT since 1994. She is a member of the Unity Christian Methodist Episcopal Church in Bessemer. Don’t miss this opportunity to hear from her on how to travel as safely as possible during these uncertain health days. **Please make reservations by Tuesday, November 9.**

# ACL Monthly Luncheons (continued)

Thursday, December 9

## SINE NOMINE – “A Recorder Christmas”

11:30 a.m.

Cost \$7

Heritage Hall

**Reservations will open November 22!**



Do you remember learning to play the recorder in elementary school music class? What about your children? Do grandchildren drive you crazy playing “Hot Cross Buns” while you want to cover your ears? Well, have no fear. This month’s program features a professional group of recorder players in the three-member group, “Sine Nomine.” Janice Williams, the contact person of the Birmingham chapter of the American Recorder Society, is one of the three members of this group. She says that their group focuses mainly on early music, but that they will be playing some Christmas music for us as well. The group is not all business though. They have a humorous side to them as represented by their group’s name. She tells the story that they all thought and thought about what to call themselves for a long time. Finally one of the members suggested “Sine Nomine” which is Latin for “Without a Name.” Ha! She said they all agreed to that as long as they could use the Latin phrase because “Sine Nomine” sounds much more sophisticated than the English translation equivalent!

Make your reservation to hear this great group and enjoy a wonderful meal together with your friends. You may register and pay online or call the church office to make your reservation. **Please make reservations by Tuesday, December 7.**

## “Fall” Jokes to make you Smile

1. What do you call a large colorful pile of leaves? ... The Great Barrier Leaf.
2. What do you get when you drop a pumpkin? ... Squash.
3. How do you fix a broken pumpkin? ... With a pumpkin patch.





RESERVATIONS

Make Your Reservations TODAY!

ACTIVITY SCALE

| Level | Definition  |
|-------|---|
|       | <b>Easy:</b> minimal walking                        |
|       | <b>Moderate:</b> walk up to a mile                  |
|       | <b>Active:</b> walk as much as two miles            |
|       | <b>Challenging:</b> spend most of the day on the go |

## Calendar At A Glance

- **ACTIVE October Luncheon** - Thursday, October 14 | Heritage Hall | 11:30 a.m. | Dave Wood | Cost: \$7
- **Church Fall Service Day-** Saturday, October 16 | 8:00 a.m. | CLC Gym
- **ACTIVE November Luncheon** - Thursday, November 11 | Heritage Hall | 11:30 a.m. | Shellie Powe | Cost: \$7
- **ACTIVE December Luncheon** - Thursday, December 9 | Heritage Hall | 11:30 a.m. | "SINE NOMINE" | Cost: \$7