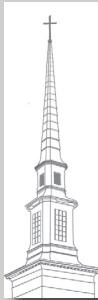


ISSUE
66
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MONTHLY
NEWSLETTER OF
MOUNTAIN BROOK
BAPTIST CHURCH
55+ MINISTRY

ACTIVE Christian Living's



HOME Town

NEWS

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Ash Wednesday is February 17

by Kely Hatley



Although it feels like Christmas was yesterday, on February 17th the church will open the door to the season of Lent by holding our annual Ash Wednesday service. With COVID-19 rates declining in our country, we are able to have in-person worship now. Even though we will still be wearing face masks and sitting physically distanced from each other, it is our hope that the service will still be meaningful to each of you as you begin your Lenten journey. Ash Wednesday

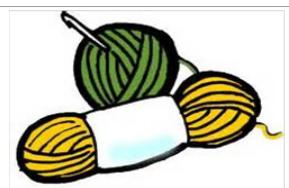
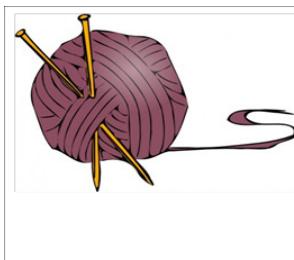
represents our willingness to introspectively look at our personal lives. We identify what sinful things we have harbored or participated in which have caused us to miss the mark of being the fully devoted follower of Christ that we should be. It is a service of reflection and repentance before the Lord. At the conclusion of the service, each person is given the gift of 40 days within the season of Lent to pray, fast, and seek Christ with a newfound devotion and dedication to Christ as our Savior and Redeemer. In Baptist terms, it's an opportunity for you to participate in your own personal revival!

Our Ash Wednesday service will take place on February 17th at 6:00 PM in the Sanctuary. There will be a confessional time, sermon, and music which will be presented to help guide your thoughts and prayers toward confession of sin as well as God's mercy toward us. To register your attendance for the service, please call the church office or go to mbbc.org/register. Please note that the service will be live-streamed. I hope you all will participate as you are able and that the service will be a meaningful start of your 40-day journey to the cross, death, and glorious resurrection of our Lord.



A New Ministry For 2021

by Kely Hatley



Knit -N- Needle

Using our hands in ministry for the Lord!



In early January, Pat Ferguson and Nancy Lewis approached me about establishing a new ministry group in our church. Pat and Nancy are seeking to form a group of people who would like to stay busy and use their talents to help those in need. Each year, our church participates in a fall service day, usually in October. For the past 3-4 years, members of the ACTIVE Christian Living age group have gathered to assemble health/hygiene kits, pack boxes of food, and stuff stockings full of useful items and some candy for both adults and children. This past year one of the items packed was a toboggan. The toboggans we packed were useful and

somewhat inexpensive, but they were not particularly of the highest quality. Pat and Nancy had the idea for a ministry to be born from within our church members to knit OR crochet caps for use this coming fall to put in our service day projects. What a great opportunity to help the community around us by keeping our mind, body and spirit engaged as we keep our hands busy doing this project to help others.

Why participate in such a ministry? Pat Ferguson said there were many benefits for being involved in ministry project like this one. Individuals can “improve their hand-eye coordination, it helps keep your brain active and can help reduce memory loss, it helps to reduce your stress level, it can help to improve your emotional well-being as you do something for someone else, and it can help improve your prayer life!”

Psalm 90:17 states, “Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!” Wouldn’t it be wonderful to work on this project ministry all this year in order to use the labor of our own church members to pack into Christmas backpacks, Christmas stockings, hygiene kits, or shoeboxes for Perry county? There are many ways in which the caps our hands will have made can be used. You can make these caps all year long. We plan to use them in our projects on this coming October’s church Service Day.

So how can you be involved?

- 1) You may say you don’t know how to knit or crochet..... Watch any of these videos online to get a quick and easy lesson. Copy the web addresses on the next page and type them into your “search bar” in your web browser.



A New Ministry For 2021

CROCHET-Classic Men's Crochet Beanie- <https://www.youtube.com/watch?v=2pObf52pRUU>

CROCHET- Super Simple Single Crochet Beanie- <https://www.youtube.com/watch?v=YVyz-4CYf9UA>

KNIT- Everyday Knit Hat- <https://www.youtube.com/watch?v=D9P2L3P2BuA>

KNIT- Easiest Knitted Hat- <https://www.youtube.com/watch?v=w-OYMMix6bPI>

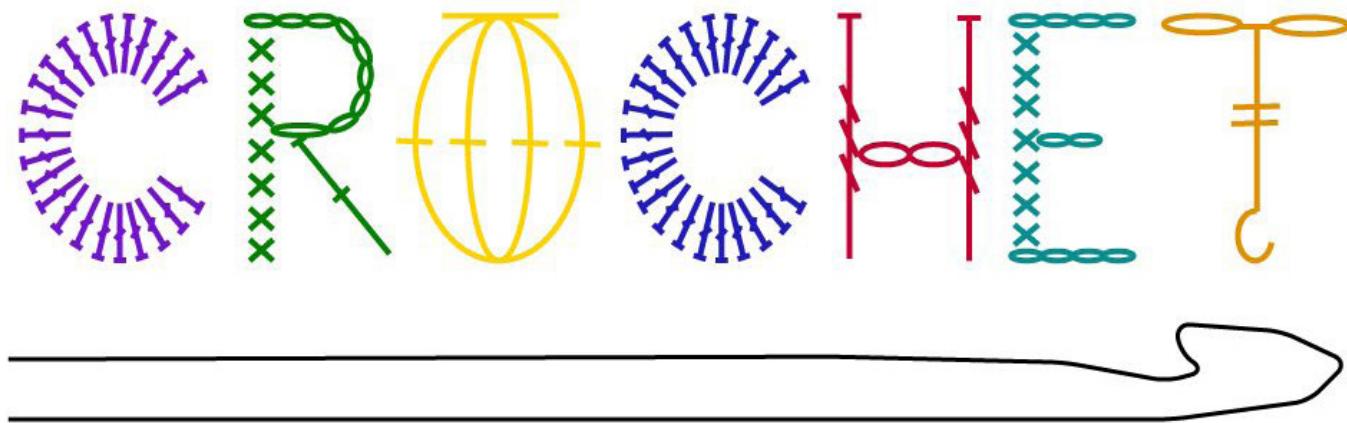
LOOM- Loom Knit Hat for Beginners Step by Step- <https://www.youtube.com/watch?v=sB-9FQwkW-hs>

2) You will need to provide your own supplies for the project. Please use #4 yarn for the caps. Make the color of the caps your choice. We'd like to have some very colorful ones for children and ladies, but we also will need some more toned down colors for men's caps. If you are unable to gather the needed supplies to make a cap, contact Pat Ferguson at pferg@mindspring.com.

3) Instruction patterns are available at the church office. Drop by to pick them up between 8:30-4:30 PM and pick up at the receptionist's desk.

4) You may also make donations of old knitting needles, crochet needles, or #4 yarn to the church office.

Contact Kely Hatley or Joseph Mendum in the church office to let them know of your interest in being a part of the Knit -N- Needle ministry group. This ministry is open to both women and men. All ages may participate. During these days of physical distance, this might just be the kind of purposeful ministry you are looking for to help you stay busy and be vitally useful all at the same time! Everyone is welcome. Let us hear from you!



Joke of the Month



A man who worked in a lawn-mower-parts warehouse somehow got the idea that his wife did not want a card on Valentine's Day. He was confident that he was right about the card, but when he spoke to her on the phone on Valentine's Day he discovered she was definitely expecting one. Not having time to buy a card on his way home after work the man was in a quandary. After he hung up the phone, he worriedly looked around the room wondering what he could do and noticed some lawn-mower trade magazines scattered around the office. Suddenly, a light bulb went off in his brain, and he got a brilliant idea. Using scissors and glue, he created a card with cut-out pictures of mowers. Next to the pictures he wrote: "I *lawn* for you *mower* and *mower* each day."

