

ISSUE

133

September
2026

MONTHLY
NEWSLETTER OF
MOUNTAIN BROOK
BAPTIST CHURCH
55+ MINISTRY

ACTIVE Christian Living



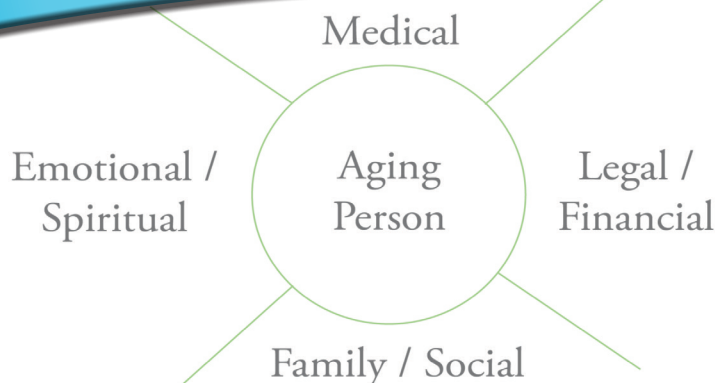
Love God,
Love One Another,
Love the World

As we begin a new year, please seek God's guidance in using your time, talents and resources in these upcoming service opportunities:

- Mellow Brook Singers (Sept 10): Start preparing a Christmas program for local retirement communities.
- Faith Church Food Pantry (Sept 18): Help stock food.
- Fall Service Day (Oct 3): Join projects for every skill level.
- ACTIVE Christian Living Ministry: Contact Kely Hatley or Pat Ferguson for more information about serving in this ministry

There are places in every MBBC ministry that need hearts and hands.

Find your place and share His love!



(Ministry for Adults 55+)
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A New Resource for Our Congregation

The Board of the Mountain Brook Baptist Church/James D. Moebes Foundation is delighted to partner with the James Houston Center for Faith and Successful Aging to offer the **AgeReady** platform to our church family.

AgeReady is a dynamic, interactive tool designed to help older adults and their families intentionally plan for both the challenges and joys of aging.

What AgeReady Offers

The platform features structured, practical tasks equipped with educational resources to guide you through four key areas:

- **Medical:** Navigating healthcare decisions and care planning.
- **Legal & Financial:** Organizing important documents and future security.
- **Family & Social:** Maintaining strong connections and community support.
- **Spiritual:** Finding purpose, peace, and growth in later chapters of life.

Safe, Secure, and Free

- **100% Free:** Access to the platform is entirely free for our congregation and their families.
- **Privacy Protected:** You only need to provide your name and email address. No additional personal or sensitive information is required to access the tasks.

How to Get Started

You can find the sign-up link and detailed information by visiting the Foundation's page on the MBBC website.



Have Questions?

If you need help logging in or want to learn more, please reach out to our team:

- Baker Crow: (205) 326-5372 | baker.crow@gmail.com
- Amy Hirsch: (205) 871-0331 | amy@mbbc.org

ACTIVE Monthly Luncheons

Thursday, September 10, 2026

REV Birmingham

Speaker: David Fleming, the President and CEO

Location: Heritage Hall

Lunch: 11:30 a.m.

Cost: \$10 per person

Our guest speaker is David Fleming, President and CEO of REV Birmingham, who will deliver an exclusive update on the major revitalization plans, economic growth, and new projects shaping the city. This is a fantastic opportunity to hear directly from a leader guiding Birmingham's future and learn how our local community is evolving.



Thursday, October 8, 2026

Alabama Holocaust Education Center

Speaker: Ann M. Mollengarden, Applied Researcher

Location: Heritage Hall

Lunch: 11:30 a.m.

Cost: \$10 per person

Ann Mollengarden, an Applied Researcher with the Alabama Holocaust Education Center (AHEC), dedicates her work to preserving the legacies of Alabama's Holocaust survivors. By documenting personal testimonies, exploring international archives, and honoring her own father's history, she ensures these vital stories are never forgotten. Drawing on her extensive background as a former Education Director and current Commission member, Ann transforms these uncovered narratives into critical educational tools that inspire and inform future generations.



Thursday, November 12, 2026

Alabama Baptist Children's Home

Speaker: Jackie Champion, Engagement Specialist

Location: Heritage Hall

Lunch: 11:30 a.m.

Cost: \$10 per person

Jackie Champion, a dedicated Engagement Specialist at Alabama Baptist Children's Homes (ABCH) has a heart completely postured toward ministry. Jackie steps out into our communities every day to bridge the gap between local churches and foster children in need. She is passionate about developing meaningful partnerships that generate resources to impact the lives of hurting children and families. Driven by her faith and a calling to share the love of Christ, Jackie views her role not just as a career, but as a mission to bring true restoration to the vulnerable.



Tuesday, December 8, 2026

Annual Christmas GALA

Musical Program

Dinner: 6:00 p.m.

More details to follow.



Upcoming Monthly Day Trips

Monday, September 14, 2026

Vulcan Park and Museum

Location: 1701 Valley View Drive, Birmingham, AL 35209

Tour: 10:00 a.m.

Cost: Guided Tour \$7.00 including taxes

Depart Church at 9:30 a.m. Bring lunch money - The Fish Market



Experience Vulcan Park & Museum's 2026 exhibition, *Revolutionary Roots: Celebrating Alabama's Unique History and Natural Beauty*, presented in honor of the United States' 250th anniversary as part of America 250.

Perched atop Red Mountain, Vulcan Park & Museum is home to the world's largest cast-iron statue. The 56-foot monument depicting the Roman god of fire honors Birmingham's industrial heritage. Inside, interactive exhibits detail the city's rich history, while the observation tower provides stunning panoramic views of the Magic City.

Monday, October 26, 2026

"Rumbling Waters"

Location: Wetumpka, AL

Cost: Bring lunch money for Grove Station

Depart: 9:00 a.m. Driving Time: 1h 33m (85.9 mi)

Return: 3:30 p.m.



The word "Wetumpka" is derived from the Muscogee Creek language phrase we-wau tum-ca, meaning "Rumbling Waters." It historically described the roaring sound of the nearby Coosa River rapids rushing over the rocks. Wetumpka, Alabama, is a uniquely captivating destination where cosmic history meets Hollywood fame. It is one of the few places on Earth where you can walk inside a rare, five-mile-wide prehistoric meteor crater. Its stunning topography is anchored by the historic, rainbow-arched Bibb Graves Bridge and the storied waters of Fort Toulouse-Jackson Park. This cinematic charm made the town the perfect fictional setting for Tim Burton's *Big Fish*, and the real-life star of HGTV's *Home Town Takeover*, makes it a truly one-of-a-kind Southern gem.

Monday, November 16, 2026

Shrine of the Most Blessed Sacrament

Location: Hanceville, AL

Cost: Bring money for lunch in Cullman

Depart: 9:00 a.m. Driving Time: 1h (55 mi)

Return: 3:30 p.m.



The **Shrine of the Most Blessed Sacrament** (informally known as the OLAM Shrine) is a prominent Roman Catholic pilgrimage site located on a beautiful 400-acre property in Hanceville, Alabama. Commissioned and founded by Mother Angelica—the well-known Franciscan nun who created the Eternal Word Television Network (EWTN)—the Romanesque-Gothic style monastery complex was consecrated in 1999. It serves as a peaceful, active spiritual sanctuary featuring a massive public piazza, a stunning main church highlighted by a detailed 14-karat gold-gilded reredos altar backdrop, and a crypt where Mother Angelica is laid to rest.



**Make Your
Reservations
TODAY!**

ACTIVITY SCALE

Level	Definition
	Easy: minimal walking
	Moderate: walk up to a mile
	Active: walk as much as two miles
	Challenging: spend most of the day on the go

Calendar At A Glance

- September 10: Thursday - SAVE THE DATE**
 - Mellow Brook Singers - 10:30 a.m.,** Resumes in the Chapel Music Suite, New members welcomed.
 - ACTIVE Christian Living Luncheon - 11:30 a.m.,** REV Birmingham, David Fleming; CEO REV Birmingham
- September 14, Monday, Vulcan Park and Museum, *Revolutionary Roots: Celebrating Alabama's Unique History and Natural Beauty*,** Depart church at 9:30 a.m., Tour at 10:00 a.m. \$7.00 per person
- September 18, Friday, Faith Church, Midfield - 7:45 a.m.,** Stock freezers and shelves at Leaf Pantry, Depart on mini-bus at 8 a.m., Bring lunch money.
- October 3, Saturday, Service Day - 8:00 a.m. -** Breakfast sandwich in Heritage, Begin service projects.
- October 8, Thursday, ACTIVE Christian Living Luncheon - 11:30 a.m.,** Alabama Holocaust Education Center, Ann M. Mollengarden, Applied Researcher
- October 26, Monday, Rumbling Water -** Depart church at 9:30 a.m., Return by 3:30 p.m., Bring lunch money.
- November 12, Thursday, ACTIVE Christian Living Luncheon - 11:30 a.m.,** Alabama Baptist Children's Home, Jackie Champion, Engagement Specialist
- November 16, Monday, Shrine of the Most Blessed Sacrament:** Depart church at 9:00 a.m., Return by 3:30 p.m., Bring money for lunch in Cullman.
- December 8, Tuesday, Christmas Gala - 6:00 p.m.,** Further details will be coming.

ACTIVE Christian Living September 2026



MOUNTAIN BROOK BAPTIST CHURCH
— JAMES D. MOEBES —
FOUNDATION

The Mountain Brook Baptist Church / James D. Moebes Foundation is delighted to provide financial support for the ministries, events, and activities of ACTIVE Christian Living.

If you would like to learn more about the foundation and how you can give to it, contact Baker Crow or Debbie Hix.

Good for the Soul, Great for the Brain!

Joining our Mellow Brook Singers is a wonderful way to boost your overall wellness. Science shows that group singing exercises the mind by keeping your memory and verbal skills sharp. It also drastically reduces stress and fills your body with "feel-good" hormones.

Best of all, choirs build instant friendships because singing together physically bonds people.

Come as You Are!

When: September 10, 2026, at 10:30 a.m.

Where: Chapel Music Suite

Who: Anyone age 55+ with a passion for music and community

Come experience the fun, fellowship, and faith that make this choir so special.

We cannot wait to welcome you into our musical family and to prepare our Christmas program for signing in our community.